

Extreme Life Makeover

"Renovation of the Mind"

Pastor Rick Shelton

Sunday, May 10, 2009

(Notes from 9 a.m. service)

- If you don't control your mind/thoughts, you will not control your life; out-of-control life is the result of an out-of-control mind!
- The difference between Bible teaching and mind-over-matter teaching is: The Bible teaches the mind alone cannot change us. There's no power in the mind. Our thoughts/words are containers, and can be a positive or negative force. If you 'think' something, that doesn't make it happen.
- When you think 'God's thoughts', it opens the door for God's grace to move in your life and change you. Dependence must be on God, and not on us. God gives us authority to control our body, mind, and tongue, but only so He can have free course to work in our lives.
- **Ezekiel 36:25-27 (NKJV)** Then I will sprinkle clean water on you, and you shall be clean; I will cleanse you from all your filthiness and from all your idols. ²⁶ I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh. ²⁷ I will put My Spirit within you and cause you to walk in My statutes, and you will keep My judgments and do them.
- When we're born again, God cleanses us, gives us a new heart, and renews our spirit to live the life He wants us to live.
- **II Corinthians 5:17 (NKJV)** Therefore, if anyone *is* in Christ, *he is* a new creation; old things have passed away; behold, all things have become new.
- Fundamental truths we need to keep before us at all times: (Say out loud . . .) "I am a spirit being. That's who I am. I am not flesh, not physical, not a body. I am a spirit. That's who I am. God made me and He made me in His image. He is spirit so I am spirit, so I can have fellowship with Him. My fellowship with Him is not with my natural body or my mind, but with my spirit man. Not my body. Therefore when my body is tired and I'm feeling discouragement, it makes no difference. My body has nothing to do with my fellowship with God. I fellowship with Him spirit to spirit."
- **John 4:24 (NKJV)** . . . those who worship Him must worship in spirit and truth."
- When we are too tired physically to pray, we need to lie back in God's arms and let Him love us.
- (Say out loud . . .) "I have a soul which is my will, intellect and emotions. And I live in a body. This body is my house. It's not who I am. It's my house."
- John 10:10 (NKJV) The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have *it* more abundantly.
- In this scripture the word "life" is the Greek word "Zoe", which means life of God/force of the life of God. God brings the essence/force of His life to live on the inside of us when we are born again. Our spirit is born-again, made brand new. God does absolutely nothing with our mind (will, intellect and emotions) when we are born again. It is left up to us to control our mind/thoughts, to bring them into subjection to God's will for our life, which is spiritual growth.
- Spiritual growth: Take what God has put into our spirit, and use it to bring rule/reign of God into our mind, and our flesh (physical body). Bring our mind and body into subjection of the spirit, not letting mind and body control us.
- If somebody lies about you, etc., and you become easily offended and not able to let go of the offense, you are a carnal (body-ruled) Christian . . . not a spiritual Christian.
- **I Corinthians 3:1 NKJV)** And I, brethren, could not speak to you as to spiritual *people* but as to carnal,
- **Romans 8:1-8 (NKJV)** *There is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. ² For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. ³ For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, ⁴ that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit. ⁵ For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit. ⁶ For to be carnally minded *is* death, but to be spiritually minded *is* life and peace. ⁷ Because the carnal mind *is* enmity against God; for it is not subject to the law of God, nor indeed can be. ⁸ So then, those who are in the flesh cannot please God.
- Our spirit can become dull if we allow body and mind to rule, and the spirit will no longer register spiritual things. We zone out when the word of God comes to us.
- **Hebrews 4:12 (NKJV)** For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.
- This scripture means, when the Word of God is spoken/read, the Word is alive and can pierce the soul, mending/ healing us.

- **Proverbs 4:20-22 (NKJV)** Incline your ear to my sayings. ²¹ Do not let them depart from your eyes; Keep them in the midst of your heart; ²² For they *are* life to those who find them, And health to all their flesh.
- Read Mark 4, about parable of sowing the word. (Some of us have 'stony, thorny soil' in our souls.)
- The amount of power of God you have working in your life is directly related to how well you take authority over your mind and body.
- If we 'feel' defeated, have negative thoughts, worry, or our flesh is not under control, we will not hear the Lord.
- **I Corinthians 3:2-4 (NKJV)** I fed you with milk and not with solid food; for until now you were not able *to receive it*, and even now you are still not able; ³ for you are still carnal. For where *there are* envy, strife, and divisions among you, are you not carnal and behaving like *mere men*? ⁴ For when one says, "I am of Paul," and another, "I *am* of Apollos," are you not carnal?
- Paul is dealing with offenses, 'clicks' in the church. If a church gets filled with this kind of stuff, we can't 'hear' the Word of God.
- **II Peter 1:1-3 (NKJV)** Simon Peter, a bondservant and apostle of Jesus Christ, To those who have obtained like precious faith with us by the righteousness of our God and Savior Jesus Christ: ² Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, ³ as His divine power has given to us all things that *pertain* to life and godliness, through the knowledge of Him who called us by glory and virtue, ⁴ by which have been given to us exceedingly great and precious promises,
- This scripture is saying: God has given us the force of His life, and the things that pertain to the throne of God on the inside of us (when we are born-again), through the knowledge of Him. If we want to grow spiritually, we grow through knowledge of God.
- **Romans 12:1-2 (NKJV)** I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, *which is* your reasonable service. ² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.
- To renew our minds, we replace old thoughts with God's thoughts.
- The purpose for Cleansing Ministries is to help us break strongholds in our minds and bodies (things that happen to us forming habits of bad behaviors and need broken).
- The mind is renewed by growing in the knowledge of God . . . knowledge of God is His Word, but that's not ALL the knowledge of God. He can speak to us outside of His Word but it will NEVER disagree with His Word.
- Again, verse 3-4: "as His divine power has given to us all things that *pertain* to life and godliness, through the knowledge of Him who called us by glory and virtue, ⁴ by which have been given to us exceedingly great and precious promises"
- Take hold of God's multitude of promises, pray them, confess them, and ask the Holy Spirit to work it out on the inside of us.
- **Colossians 1:13 (NKJV)** "He has **delivered** us from the power of darkness and conveyed us into the kingdom of the Son of His love,"
- Claim and stand on this scripture and so many more, when the devil lies to you, and beats you up. We have been delivered and the devil has no rule over our life.
- **Matthew 22:37-39 (NKJV)** Jesus said . . . " *'You shall love the LORD your God with all your heart, with all your soul, and with all your mind'* ³⁸ This is *the* first and great commandment. ³⁹ And *the* second is like it: *'You shall love your neighbor as yourself.'*
- Take this scripture as a promise: you shall be a lover, not a hater; forgiver, not an un-forgiver; gracious person, not an ungracious person.
- **II Peter 1:4 (NKJV)** by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption *that is* in the world through lust.
- Scripture tells us how to tap in to God, through these great and precious promises. The partakers of the divine nature are on the inside of us.
- If we are struggling with relationships, impure thoughts, temptations, bad attitudes, un-forgiveness, God gives us a remedy. Get in the Word, take hold of a promise to bring growth and change in our lives. He has given us His power and nature so we can escape the lust/corruption of the world.
- God's power delivers us, but we have to take hold of the promises, then His power is released in us!