

Living Your Dream Series: “The Amazing Power of Words”

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- An important key in your design, and living out the dream that God has in your life, are through the words of your mouth.
- Whenever this is discussed, there tends to be a wholly groan go out among the people. This just tells you how difficult it is to control the words of your mouth.
- **James 3** tells us this when it says, “who can tame the tongue?” It is so important. Your tongue can control literally everything in your life.
- Pastor Rick took hold of this truth over 35 years ago and has guarded himself from speaking negatively ever since. Yet as he studied it again, he found that he himself slips somewhat.

Romans 4:17-21 (NKJV) *“(as it is written, “I have made you a father of many nations”) in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did; who, contrary to hope, in hope believed, so that he became the father of many nations, according to what was spoken, “So shall your descendants be.” And not being weak in faith, he did not consider his own body, already dead (since he was about a hundred years old), and the deadness of Sarah’s womb. He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform.”*

- This is packed full of truth. Look at verse 20. Abram did not waver through unbelief.
- But all of this came about through verse 17 where it states **“Who calls those things which do not exist as though they did”**.
- In earlier years, this scripture was heard and used for things it was not meant to be used for. But it is true that our words carry tremendous power.

Proverbs 18: 6-8 (NKJV) *“A fool’s lips enter into contention, and his mouth calls for blows. A fool’s mouth is his destruction, and his lips are the snare of his soul. The words of a talebearer are like tasty trifles, and they go down into the inmost body.”*

- Verse 6 tells us that our words can cause fights (and his mouth calls for blows).
- A fool’s lips open too much and say more than they should. We need to keep our mouths shut.
- Verse 7 tells us our words can be a snare to our soul. They can literally build a prison around us.

Proverbs 18:21(NKJV) *“Death and life are in the power of the tongue, and those who love it will eat its fruit.”*

- You can create death and bring it into motion (death, erosion, destruction, etc.). And you can create life with the words of your mouth.
- If we believe these scriptures are true, why would we not put this at the top of our list of things to focus on instead of at the bottom?
- You will never experience the fullness of your life, until you come to grips with the fact that your tongue is not the fault of anyone else but yourself. If you don’t take responsibility for the circumstances, and take charge of your mouth, things won’t change.

Mathew 12:36-37 (NKJV) *“But I say to you that for every idle word men may speak, they will give account of it in the day of judgment. For by your words you will be justified, and by your words you will be condemned.”*

- We must control our mouth. He doesn’t. Idle words are unproductive and careless.
- For example, let’s say you are at lunch with others. At first your conversation is deliberate. But as you keep talking, it turns to idle conversation. Then you tend to gossip about others and their situations, offering opinions and judgment.
- Pastor Rick has caught himself in these situations and has literally gotten up from the conversation and gone to the restroom and repented.
- Sometimes people try to suck us into conversations and don’t take the hint that we want it to stop. When this happens **we must tell them to stop**. Take responsibility to stop these conversations where people are sinning with their lips.

Psalms 39:1 (NKJV) *“I said, “I will guard my ways, lest I sin with my tongue; I will restrain my mouth with a muzzle, while the wicked are before me.”*

- This picture is of someone getting mad at the wickedness. Yet he “shuts his mouth up” to keep from sinning with his mouth.

Proverbs 13:3 (NKJV) *“He who guards his mouth preserves his life, but he who opens wide his lips shall have destruction.”*

Proverbs 21:23 (NKJV) *“Whoever guards his mouth and tongue keeps his soul from troubles.”*

- We need to ask ourselves two questions:
 1. Why are the words of our mouth so powerful?
 2. How is it that God could call those things which don't exist as they do and ask us to do the same?
- **James 3** is the greatest passage in the Bible on controlling your tongue. It tells us we can have a small rudder turn a whole ship or a bridle bit turn the whole horse. So it is with the tongue. A little spark causes a big fire. So as the tongue in your body.
- The tongue is a fire that when you speak negative things contrary to what God has provided for you (sickness, lack, and so forth) sets on fire the course of nature within you.
- Studies have been done that shows that the speech center in the brain controls the nervous and chemical systems of your body. When words are released, it brings about what you say.
- God designed your body to respond to positive words that agree with God's written word. The same applies to negative words.
- But be careful, the Bible never says “you can have what you say”. It says, whatever you believe in your heart and speak with your mouth, that's what you can have come to pass in your life.
- It is about what is going on in our heart.
- God is only interested in us drawing close enough to Him so that we can hear His heart. He wants us to hear what He desires for us, not what we foolishly want.
- Then we can speak out of what we hear Him say for our lives.
- Our flesh is crazy and fickle – wanting one thing one minute and something else another minute. Your flesh needs feeding.
- Let's look at chocolate cake. Your flesh says *“I want a piece of chocolate cake”*. You give in, and eat it. Then when you feel awful afterward, your flesh says *“you shouldn't have eaten that cake!”*. Your flesh is crazy.
- Why should you listen to what your flesh wants? You cannot unhinge your wants from God's plan.
- **James 4** tells us that we ask and don't receive because we ask for the wrong things.
- Flesh says I want this or that then will worry because we did it.
- It is so much easier to align our lives with God and what He wants.
- Your words carry tremendous power. But the confession of your mouth isn't what heals you, God does. You must align yourself with His Word and what He says about your health.
- Pastor Rick had severe panic and anxiety attacks for six years. But he would put God's word before himself and would say, “God loves me. He is for me. Everything will be okay.” When he did that, he would feel his system calm down. You must confess right things over your body.
- Here is another example. If someone asks you to do something, it is ok to say “I am tired” if you are tired. But if you sit around and say continually, “I am so tired” your body will begin to accommodate that.
- All of the great people of God spoke of great things and didn't live with their mouth in the gutter.
- Don't say, “I have the flu”. Say, “I am battling the flu.” Don't say, “I am broke”. Instead say, “we are facing financial challenges”. This simple word change expresses a battle instead of the defeat.
- You must speak the right things out of your mouth which will bring you into alignment with God's word.
- With kids, input is so important. We must speak the right things. The wrong things we speak lodge deeply into children.
- Speak good things over your children and don't allow them to speak negativity over themselves. Train them up right.